



North Wales Young Carers Operational Group: Action Plan January 2018

Welsh Government defines young carers as carers who are under the age of 18. The Code of Practice for Part 3 of the SSWWA 2014 defines young adult carers as being ages 16 to 25. This action plan is inclusive of the needs of all young and young adult carers up to age 25 years.

The needs and indicators have been extracted from Annex 1 of Code of Practice on the exercise of social service functions in relation to Part 3 SSWWA 2014 (COP) <http://gov.wales/docs/dhss/publications/151218part3en.pdf> and from the North Wales Population Needs Assessment Carers Chapter <https://www.northwalescollaborative.wales/wp-content/uploads/2017/04/7-Carers-chapter.pdf> pages 223-230 (PNA).

Guiding Principles of the North Wales Young Carer Action Plan.

- That the action plan is based on what matters for young carers/young adult carers
- That we involve young carers/young adult carers in service design
- That we develop robust, sustainable and flexible services in partnership to support young adult carers

	INDICATOR / RISK	NEED	LEAD/ KEY PARTNER	WHERE ARE WE NOW?	FUTURE ACTION	PROGRESS R/A/G
1	The individual is/will be unable to access support to maintain or develop family or other significant personal relationships (COP)	Need for peer support, counselling and carer break services (PNA)	Local Authority Health Carer support services.	Additional carer break funding for LA`s. School counselling services do exist.	Strengthen link with CAMHS and ACEs leads. Link in with MH Primary Care and Well-Being pathway.	

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				<p>YC and schools based services re: peer support.</p> <p>Carer support services provide the majority of support.</p>	<p>Map how available formal counselling is.</p> <p>Query: Health Representative from Childrens Services.</p>	
2	<p>The individual experiences loss of control, or is likely to experience loss of control, over their immediate environment and/or day-to-day life including financial stability.(COP)</p>	<p>Young carers may feel insecure about their housing as they are not able to receive benefits or take on responsibility for paying council tax themselves (PNA)</p>	<p>Local Authority</p> <p>Carer support services.</p>	<p>Currently we don't know we need to explore: Links with housing, contingency planning YC services, access to benefits advice, welfare rights etc?</p>	<p>Work with L/A to research need and uptake for tenancy/housing related support for YC.</p> <p>Map what services are available and is there a need?</p>	
3	<p>The individual is unable to undertake, or is likely to be unable to undertake family and social roles and responsibilities that enable them to meet personal well-being outcomes for themselves or others (COP).</p>	<p>Need for carer breaks and opportunities to socialise (giving them time to be a child) (PNA)</p>	<p>Local Authority</p> <p>Carer support services.</p>	<p>YC services and LA provide these provisions.</p> <p>What is the current uptake of Carers Assessment? Carers assessments should identify and signpost to achieve these personal</p>	<p>YC Services to adopt regional Young Carer Assessment protocol currently being developed (Vicky Allen)</p>	

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				well-being outcomes.		
4	The individual's social support systems are or could be at risk (COP).	Preventative measures to prevent the social support systems becoming at risk (PNA)	Local Authority Carer support services.	Team Around the Family (TAF)/Team around Child (TAC); Family Group meetings; and YC services address these issues.	Further work to be done around community support and inclusion.	
5	The individual is unable to attain or experience good physical and/or mental health (COP).	Need for support to improve resilience, emotional wellbeing and self-esteem. Need for peer support networks with other young carers who understand. Counselling services and support with their own health needs (PNA)	Health Local Authority Support services.	YC Services and School based counselling. Some discounted leisure centre access.	Further work to be done with CAMHS, primary mental health services and GPs. Updated mapping of current leisure opportunities for YCs Training opportunities on-line re: Mental Health information and resilience. What else is available?	
6	The individual is/will be unable to access and engage in work, training, education, volunteering or	Need for support with education and learning Young adult carers miss or cut short on average 48 days of	Local Authority Education services. Carer support services.	YCiS programme. Pilot YCiS in primary schools from Transitional Funds.	Potential to work with Pupil Referral Service and Careers service to capture YC's in transition?	

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	recreational activities (COP)..	school each year (nearly 5 weeks). This among other factors can have a negative impact on achievement and future attainment (PNA).			Make links with Challenge Advisors. Need to establish links with Directors of Education and Cluster Leads to be involved in this work.	
7	Lack of awareness and respect by some professionals, particularly in health (PNA)	Need for advocacy, especially when dealing with professionals in order to have their voices heard (PNA).	Local Authority Health	YC Services National ID card being proposed by WG. Childrens Advocacy Service (unclear if this is open to YCs) Training and promotion in and for primary care health professionals ongoing. Medicines management Triangle of Care	Advocacy for YC as with adults? Potential to map Triangle of care approach for YC`s in MH WCPPE leading on work around training on medicines management for YCs	
8	Accessible user friendly information	Access to appropriate	All Partners.	YC services	SS&WB ACT General Functions	

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	<p>either online or one to one without using jargon (PNA).</p>	<p>information, advice and assistance (PNA)</p>		<p>Local Authority IAA systems</p> <p>Health support and further IAA internally.</p>	<p>350. In addition, alignment to the standards within the National Standards and Quality Assurance Framework for Information Services for Young People is recommended.</p> <p>http://www.promo-cymru.org/resources-2/national-standards-quality-assuranceframework</p> <p>Promote information for YC in the wider community.</p>	
<p>9</p>	<p>Problems making GP appointments and wider issues within primary care services (PNA)</p>	<p>Improve identification and understanding within primary care (PNA).</p>	<p>Health</p> <p>Carer support services.</p>	<p>Targeted interventions and GP facilitators work on-going.</p> <p>New model of primary care facilitators being assessed to see if this has a better impact.</p>	<p>Governance around accessible healthcare and how we can promote from this angle.</p> <p>Continued engagement with managed practices to show the benefit of engaging with YC`s.</p>	

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					Targeted campaigns for GP`s, checklist why beneficial to be inclusive.	
10	Very young carers, those under the age of eight, are at particular risk and have been excluded from some young carers' assessments and services in the past on the grounds that a child under eight shouldn't have any caring responsibilities (PNA).	Commissioners need to make sure there is support in place for these young people whether through young carers' services or other services for vulnerable children (PNA).	All Partners.	<p>Work with primary schools via YCiS programme and YC services.</p> <p>YC services some working from age 5.</p> <p>Eligibility for care and support Part 3</p>	<p>Establish better and targeted links with Health visitors, school nurse and GPs.</p> <p>Map the discrepancies within YC services.</p> <p>Link with private nurseries who may not be linked in to wider work stream.</p> <p>Child in Need/ child at Risk; are their caring roles being capture if there is already a primary need?</p>	