

North Wales Population Needs Assessment

Appendix 1 – References

1. Introduction

National Assembly for Wales (2016) 'Social Services and Well-being (Wales) Act 2014' https://www.legislation.gov.uk/anaw/2014/4/contents

North Wales Social Care and Well-being Improvement Collaborative (2017) 'North Wales Population Needs Assessment 2017'

https://www.northwalescollaborative.wales/north-wales-population-assessment/north-wales-population-assessment-2017/

Welsh Government (2015) Part 9 statutory guidance: partnership arrangements https://gov.wales/partnership-arrangements-care-and-support-guidance

North Wales Social Care and Well-being Improvement Collaborative (2018) 'Learning Disability Consultation'

https://www.northwalescollaborative.wales/learning-disabilities/

North Wales Social Care and Well-being Improvement Collaborative (2020) North Wales Population Assessment: 'Consultation Report'

https://www.northwalescollaborative.wales/north-wales-population-assessment/

North Wales Social Care and Well-being Improvement Collaborative 'Regional Carer's Strategy' https://www.northwalescollaborative.wales/carers/

North Wales Social Care and Well-being Improvement Collaborative 'Regional Learning Disabilities Strategy' https://www.northwalescollaborative.wales/learning-disabilities/

North Wales Social Care and Well-being Improvement Collaborative 'Regional Dementia Strategy' https://www.northwalescollaborative.wales/north-wales-dementia-strategy

Census 2011 https://www.nomisweb.co.uk/sources/census 2011

2. Approach to the population needs assessment

Welsh Government (2016b) 'More than just words' Follow-on Strategic Framework for Welsh Language Services in Health, Social Services and Social Care 2016-2019.

https://gov.wales/welsh-language-and-health

Wales Co-operative Centre (2020) Supporting Care Commissioners and Procurers to promote 'social value' models of delivery https://wales.coop/supporting-care-commissioners/

North Wales Vulnerability and Exploitation Strategy 2021-2024

Local Government Association report (2021) COVID-19 adult safeguarding insight project - second report https://www.local.gov.uk/publications/covid-19-adult-safeguarding-insight-project-second-report-july-2021

Home Office 2013, Definition of domestic guidance and abuse: guide for local areas https://www.gov.uk/government/publications/definition-of-domestic-violence-and-abuse-guide-for-local-areas

Written Statement: Strengthening Welsh language services in health and social care, October 2021, Welsh Government

https://gov.wales/written-statement-strengthening-welsh-language-services-health-and-social-care-0

North Wales Safeguarding Report 2022:

North Wales Safeguarding Board Annual Report 2020 to 2021.

A More Equal Wales: The Socio-economic Duty, Welsh Government 2021

https://gov.wales/more-equal-wales-socio-economic-duty

COVID-19 Adult Safeguarding Insight Project, Local Government Association December 2021

https://www.local.gov.uk/publications/covid-19-adult-safeguarding-insight-project-findings-and-discussion

A Telling Experience: Understanding the Impact of Covid-19 on people who access care and support – a rapid evidence review with recommendations

https://www.thinklocalactpersonal.org.uk/covid-19/tlap-insight-group/TIG-report/

Into Sharp Relief: Inequality and the pandemic, Welsh Parliament Equality, Local Government and Communities Committee, August 2020

Covid Hubs in North Wales offering support to the hardest hit, Welsh Government https://gov.wales/covid-hubs-north-wales-offering-support-hardest-hit

3. North Wales overview

Summary Statistics by regions of Wales 2020, Welsh Government

https://gov.wales/summary-statistics-regions-wales-2020

Is Wales Fairer? The State of Equality and Human Rights, 2018, Equality and Human Rights Commission

https://www.equalityhumanrights.com/en/publication-download/wales-fairer-2018

Wellbeing of Wales 2021, Welsh Government

https://gov.wales/wellbeing-wales-2021

Welsh Index of Multiple Deprivation, Welsh Government, StatsWales, 2019

https://statswales.gov.wales/Catalogue/Community-Safety-and-Social-Inclusion/Welsh-Index-of-Multiple-Deprivation

2025 Health and Housing Movement https://www.2025movement.org/about

Annual Equality Report 2020 – 2021, Betsi Cadwaladr University Health Board

https://bcuhb.nhs.wales/use-of-site/publication-scheme/class-five-our-policies-and-procedures/equality-and-human-rights/equality-and-human-rights-reports/

Locality Health and Social Care Needs Assessment North Wales 2021, Community Transformation Team, Betsi Cadwaladr University Health Board, Public Health Wales

National Survey for Wales (Loneliness and isolation Data)

https://gov.wales/national-survey-wales

4. Children and young people

Social Care Wales Population Projections Platform, Daffodil Cymru http://www.daffodilcymru.org.uk/

NICE guideline – NG205 October 2021

https://www.nice.org.uk/guidance/ng205

National Adoption Service 2016b

https://www.adoptcymru.com/

Locality Health and Social Care Needs Assessment, North Wales, Dr Ellie Messham, Specialty Registrar, Betsi Cadwaladr Public Health Team, Public Health Wales, Community Services Transformation, 2021

Public Health Wales Observatory, 2020, <u>Smoking in Wales (2020) - Public Health</u> Wales (nhs.wales)

North Wales Population Needs Assessment Rapid Review, 2020, North Wales Social Care and Wellbeing Services Improvement Collaborative

https://www.northwalescollaborative.wales/north-wales-population-assessment/rapid-review/

Harold, G., Acquah, D., Sellers, R. and Chowdry, H. (2016) *What works to enhance inter-parental relationships and improve outcomes for children*. University of Sussex: Early Intervention Foundation. [Online]. Available at:

https://www.eif.org.uk/report/what-works-to-enhance-interparental-relationships-and-improve-outcomes-for-children

Royal College of Psychiatrists, (2010). *No health without public mental health, the case for action*. Royal College of Psychiatrists: London. 2010.

School Health Research Network, Student Health and Wellbeing Survey 2019

https://www.cardiff.ac.uk/news/view/2509156-fifth-of-young-people-in-wales-were-experiencing-poor-mental-health-prior-to-covid-19,-report-shows

Children and Young People's Mental Wellbeing during the Covid-19 pandemic report 2021, Public Health Wales

https://phw.nhs.wales/news/coping-strategies-made-a-difference-to-young-peoples-mental-well-being-during-pandemic/

Mental health, young people and the pandemic, Senedd Research, 2020

https://research.senedd.wales/research-articles/mental-health-young-people-and-the-pandemic/

ACE Support Hub Annual Report 2020 - 2021

A Health Needs Assessment: The impact of COVID-19 on children and young people's experiences of violence and adverse childhood experiences, Violence Prevention Unit Report, 2021

No Wrong Door: bringing services together to meet children's needs, Children's Commissioner for Wales, June 2020

https://www.childcomwales.org.uk/publications/no-wrong-door-bringing-services-together-to-meet-childrens-needs/

The Mental Health Emergency, How has the coronavirus pandemic impacted our mental health?, June 2020, Mind Cymru

Flintshire Families First Grant Progress Report April 2021

The United Nations Convention on the Rights of the Child (UNCRC)

https://downloads.unicef.org.uk/wp-content/uploads/2010/05/UNCRC united nations convention on the rights of the child.pdf

Coronavirus and Me, Children's Commissioner for Wales, 2020

https://www.childcomwales.org.uk/coronavirus-our-work/coronavirus-and-me-results/

Is Wales Fairer? The State of Equality and Human Rights, 2018, Equality and Human Rights Commission

https://www.equalityhumanrights.com/en/publication-download/wales-fairer-2018

ACE Support Hub Annual Report 2020-21

https://phwwhocc.co.uk/resources/ace-support-hub-annual-report-2020-21/

Joint statement by ADSS Cymru and ADEW

https://www.adss.cymru/en/blog/post/home-education-elective-statement

Domestic Abuse Act 2021

https://www.legislation.gov.uk/ukpga/2021/17/contents/enacted

5. Older people

Institute of Public Care (IPC) (2016) 'Leading your social care financial strategy - the next steps'.

Care and Social Services Inspectorate for Wales (2016) 'Above and Beyond: National review of domiciliary care in Wales'. CSSIW. Available at: http://cssiw.org.uk/docs/cssiw/report/161027aboveandbeyonden.pdf (Accessed: 28 October 2016).

Age Friendly Wales: Our strategy for an ageing society, Welsh Government, 2021

https://gov.wales/age-friendly-wales-our-strategy-ageing-society

Life expectancy estimates all ages, Office for National Statistics, 2021

https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/healthandlifeexpectancies/datasets/lifeexpectancyestimatesallagesuk

Care and Social Services Inspectorate for Wales (2016) 'Above and Beyond: National review of domiciliary care' 2016 http://cssiw.org.uk/docs/cssiw/report/161027aboveandbeyonden.pdf

North Wales life expectancy measuring inequalities, Public Health Observatory 2016

https://phw.nhs.wales/services-and-teams/observatory/data-and-analysis/measuring-inequalities-2016/

Ageing Well in Wales – Falls Prevention

https://www.ageingwellinwales.com/en/themes/falls-prevention

Digital Inclusion, Digital Communities Wales

https://www.digitalcommunities.gov.wales/digital-inclusion-in-health-and-care/

https://www.digitalcommunities.gov.wales/digital-inclusion-in-wales-2/

Digital Inclusion in the Pandemic, Age UK 2021

https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/active-communities/digital-inclusion-in-the-pandemic-final-march-2021.pdf

Victor, C. (2011). Loneliness in old age: the UK perspective.

Valtorta, N.K., Kanaan, M., Gilbody, S., Ronzi, S. and Hanratty, B., 2016. Loneliness and social isolation as risk factors for coronary heart disease and stroke: systematic review and meta-analysis of longitudinal observational studies Quality Outcomes Framework Statistics (Welsh Government, 2018a)

https://gov.wales/sites/default/files/statistics-and-research/2019-09/general-medical-services-contract-quality-and-outcomes-framework-april-2018-march-20199-599.pdf

http://www.ageingwellinwales.com/Libraries/Documents/Promising-Approaches-to-Reducing-Loneliness-and-Isolation-in-Later-Life.pdf

North Wales Dementia Strategy 2020,

https://www.northwalescollaborative.wales/regional-priorities/north-wales-dementiastrategy/

Alzheimer's Society, About Dementia, 2019

https://www.alzheimers.org.uk/about-dementia

Dementia prevention - Ref Public health England [2017], The Effect of mid-life risk factors on dementia in older age: key messages. PHE Publications, London, uk

Matthews, F. E., Stephan, B. C. M., L. Robinson, L., Jagger, C., Barnes, L. E., Arthur, A. and Brayne, C. (2016) 'A two decade dementia incidence comparison from the Cognitive Function and Ageing Studies I and II', Nature Communications, Published online: 19 April 2016; | doi:10.1038/ncomms11398.

Dementia Action Plan for Wales 2018 – 2022, Welsh Government

https://gov.wales/dementia-action-plan-2018-2022

Leave No-one Behind: Action for an age friendly recovery, 2020, Older People's Commissioner for Wales

https://www.olderpeoplewales.com/en/news/news/20-08-18/Leave_noone_behind_Action_for_an_age-friendly_recovery.aspx A framework for agingfriendly service and supports in the age of Covid-19, Hoffman, Webster and Bynum, 2020

https://pubmed.ncbi.nlm.nih.gov/32441572/

The impact of Covid-19 pandemic on elderly mental health, Banerjee, 2020

https://onlinelibrary.wiley.com/doi/full/10.1002/gps.5320

Social isolation, loneliness and health in the time of Covid, Campbell, 2020

Cox, C. (2020). 'Older Adults and Covid 19: Social Justice, Disparities, and Social Work Practice'. Journal of Gerontological Social Work. https://doi.org/10.1080/01634372.2020.1808141

The Centre for Better Ageing, Digital Inclusion

https://ageing-better.org.uk/digital-inclusion

Boulton, E., et al (2020). Rapid review of reviews: what remotely delivered interventions can reduce social isolation and loneliness among older adults? Available at: http://eppi.ioe.ac.uk/CMS/Portals/0/LonelinessExecSummary-5.pdf Accessed: 17/9/20.

Noone, C., et al. (2020). 'Video calls for reducing social isolation and loneliness in older people: a rapid review'. Cochrane Database of Systematic Reviews. https://doi.org/10.1002/14651858.CD013632

Taking Action Against Ageism, Older Peoples Commissioner for Wales, 2019

https://www.olderpeoplewales.com/en/ageism/action.aspx

Support Services for Older People Experiencing Abuse in Wales, Older Peoples Commissioner for Wales, 2021

https://www.olderpeoplewales.com/en/Publications/pub-story/21-0615/More tailored support services needed to ensure older people being abuse d can get the help and support they need.aspx

Relative Income Poverty: April 2019 to March 2020, Welsh Government

https://gov.wales/relative-income-poverty-april-2019-march-2020-html

Supporting Care Commissioners and Procurers to Promote "Social Value" Models of Delivery, A Wales Co-operative Centre Project

https://wales.coop/wp-content/uploads/2021/10/WCC-Think-Piece-Scoial-Value-0621.pdf

Ensuring access to information and services in a digital age: Guidance for Local Authorities and Health Boards, Older Peoples Commissioner for Wales

https://www.olderpeoplewales.com/en/Publications/digitalguidance.aspx

Into Sharp Relief: Inequality and the pandemic, Welsh Parliament Equality, Local Government and Communities Committee, August 2020

Age Cymru (2016) Safeguarding Programme. Available at: http://www.ageuk.org.uk/cymru/policy/age-cymru-safeguarding-programme-1/

Age UK (2015) 'Only the tip of the iceberg: Fraud against older people' Evidence review.

Older Persons' Care Pathway Care pathway for Older People

Welsh Government 'More than just words' Follow-on Strategic Framework for Welsh Language Services in Health, Social Services and Social Care 2016-2019.

https://gov.wales/welsh-language-and-health

6. Health, physical disability and sensory impairment

Public Health Wales (2016a) 'Making a difference: Investing in sustainable health and well-being for the people of Wales'

Jones, C., Andrew, R. and Atenstaedt, R. (2016) 'Population Health Profile of North Wales, to support needs assessment for Social Services and Wellbeing Act and wellbeing assessment for Future Generations Act'. Public Health Wales.

Scope UK, Disability Facts and Figures, accessed 2021

https://www.scope.org.uk/media/disability-facts-figures/

Equality Act 2010

https://www.legislation.gov.uk/ukpga/2010/15/contents

Disabled People of Working Age, StatsWales, accessed 2021

https://statswales.gov.wales/Catalogue/Equality-and-Diversity/Disability/DisabledPeopleOfWorkingAge-by-MainHealthProblem-LocalAuthority

Locked out: liberating disabled people's lives and rights in Wales beyond COVID-19, 2021, Welsh Government

https://gov.wales/locked-out-liberating-disabled-peoples-lives-and-rights-wales-beyond-covid-19

Jones, C. and Atenstaedt, R. (2015) 'Eye Health in Betsi Cadwaladr University Health Board (BCUHB)'. Public Health Wales.

How common is hearing loss?, National Institute for Health and Care Excellence, 2019

https://cks.nice.org.uk/topics/hearing-loss-in-adults/background-information/prevalence/

Sense (2016) 'Practical guide to implementing the Social Services and Well-being (Wales) Act for deafblind people'.

Common mental illness in people with sensory impairment: results from the 2014 adult psychiatric morbidity survey, N. Shoham et al, 2019

https://pubmed.ncbi.nlm.nih.gov/31685070/

Understanding disabilities and impairments, UK Government publication, 2017

https://www.gov.uk/government/publications/understanding-disabilities-and-impairments-user-profiles/saleem-profoundly-deaf-user

Conceptual Model of Hearing Health Inequalities: Critical Interpretive Synthesis, Tsimpida et al, 2021

https://journals.sagepub.com/doi/full/10.1177/23312165211002963

Relative income poverty: April 2019 to March 2020

https://gov.wales/relative-income-poverty-april-2019-march-2020-html

Public Health Wales (2016b) 'Measuring inequalities 2016'. Available at: www.publichealthwalesobservatory.org/inequalities2016 (Accessed: 08 Aug 2016).

Public Health Wales (2015) 'The case for prevention: Housing'. Cardiff: Public Health Wales NHS Trust. Available at:

http://www.publichealthnetwork.cymru/files/3914/5218/0672/PHW Case for Prevent ion Housing Report.pdf.

Neurological Conditions Delivery Plan 2017

https://gov.wales/sites/default/files/publications/2019-02/neurological-conditions-delivery-plan-july-2017.pdf

The Office of National Statistics

https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/conditionsanddiseases

Equality and Human Rights Strategic Plan (BCUHB, 2016)

https://bcuhb.nhs.wales/use-of-site/publication-scheme/class-five-our-policies-and-procedures/equality-and-human-rights/equality-and-human-rights/strategic-equality-and-human-rights-plan-2012-2016/

Adult Protection Fora (2013) 'Predisposing factors which may lead to abuse: Wales Policy and Procedures for the Protection of Vulnerable Adults from Abuse'.

Safe Lives 2017

https://safelives.org.uk/sites/default/files/resources/Insights%20National%20Dataset %20Briefing%202017%20-%20children.pdf

Welsh Language Services Annual Monitoring Report

Welsh Language Services Annual Monitoring Report

More than Just Words

https://gov.wales/sites/default/files/publications/2019-04/follow-on-strategic-framework-for-welsh-language-services-in-health-social-services-and-social-care-2016-2019.pdf

Public Health Wales (2016a) 'Making a difference: Investing in sustainable health and well-being for the people of Wales'

Is Wales Fairer? The State of Equality and Human Rights, 2018, Equality and Human Rights Commission

https://www.equalityhumanrights.com/en/publication-download/wales-fairer-2018

7. Learning disabilities

Department of Health (2001) 'Valuing People: A new Strategy for Learning Disability in the 21st Century'. London: Department of Health

Doukas, T., Fergusson, A., Fullerton, M. and Grace, J. 2017. Supporting people with profound and multiple learning disabilities.

Emerson, E. and Hatton, C. CeDR Research report 2008:6 (2008) 'Estimating future need for adult social care services for people with learning disabilities in England'. Lancaster: Centre for Disability Research. Available at:

http://eprints.lancs.ac.uk/21049/1/CeDR 2008-

6 Estimating Future Needs for Adult Social Care Services for People with Learning Disabilities in England.pdf.

Additional Learning Needs and Education Tribunal (Wales) Act

https://gov.wales/additional-learning-needs-and-education-tribunal-wales-act

Ward, C. (2012) 'BILD Factsheet: Older people with a learning disability'. British Institute of Learning Disabilities.

Kerr, D. (2007) 'Understanding Learning Disability and Dementia: Developing Effective Interventions'. London: Jessica Kingsley Publishers.

Mencap (2012) 'Death by indifference: 74 deaths and counting' A progress report 5 years on. Available at: https://www.mencap.org.uk/sites/default/files/2016-08/Death%20by%20Indifference%20-%2074%20deaths%20and%20counting.pdf (Accessed: 16 November 2016).

Care Quality Commission (2020)

https://www.cqc.org.uk/

Mencap (2012) 'Death by indifference: 74 deaths and counting' A progress report 5 years on. Available at: https://www.mencap.org.uk/sites/default/files/2016-08/Death%20by%20Indifference%20-%2074%20deaths%20and%20counting.pdf (Accessed: 16 November 2016).

All Wales People First. (2020). The Effect of the Coronavirus Pandemic on People with Learning Disabilities Across Wales Phase Two Amber

Michael, J. (2008) 'Healthcare for all: report of the independent inquiry into access to healthcare for people with learning disabilities'. Available at:

http://webarchive.nationalarchives.gov.uk/20130107105354/http:/www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_099255 (Accessed: 16 November 2016).

Liverpool Public Health Observatory, 2013

https://www.academia.edu/35131235/Liverpool Public Health Observatory Top Tips for healthier providers of health care in Merseyside and Cheshire

MENCAP (2007) 'Death by indifference: Following up the 'Treat me right!' report' Following up the Treat me right! report. Available at: https://www.mencap.org.uk/sites/default/files/2016-06/DBIreport.pdf (Accessed: 26 Jul 2016).

Welsh Government (2016) 'More than just words' Follow-on Strategic Framework for Welsh Language Services in Health, Social Services and Social Care 2016-2019. North Wales population assessment: learning disabilities Page 186 of 361 Available at: http://gov.wales/docs/dhss/publications/160317morethanjustwordsen.pdf (Accessed: 26 July 2016).

McCarthy, Hunt, Milne-Skillman (2016) 'I Know it was Every Week, but I Can't be Sure if it was Every Day: Domestic Violence and Women with Learning Disabilities Journal of Applied Research in Intellectual Disabilities Volume 30, Issue 2 p. 269-282

Emerson, E. and Baines, S. (2011), "Health inequalities and people with learning disabilities in the UK", *Tizard Learning Disability Review*, Vol. 16 No. 1, pp. 42-48. https://doi.org/10.5042/tldr.2011.0008

Equality Act 2010

https://www.legislation.gov.uk/ukpga/2010/15/contents

Care and Social Services Inspectorate for Wales (2016) 'Above and Beyond: National review of domiciliary care in Wales'. CSSIW. Available at: http://cssiw.org.uk/docs/cssiw/report/161027aboveandbeyonden.pdf (Accessed: 28 October 2016).

More than Just Words

https://gov.wales/sites/default/files/publications/2019-04/follow-on-strategic-framework-for-welsh-language-services-in-health-social-services-and-social-care-2016-2019.pdf

Public Health England, NCARDRS Statistics 2018 Summary Report (updated 2020)

https://www.gov.uk/government/publications/ncardrs-congenital-anomaly-annual-data/ncardrs-statistics-2018-summary-report

Learning disability and dementia, Dementia UK

https://www.dementiauk.org/get-support/maintaining-health-in-dementia/learning-disability-and-dementia/

North Wales Population Needs Assessment Rapid Review, 2020, North Wales Social Care and Wellbeing Services Improvement Collaborative

https://www.northwalescollaborative.wales/north-wales-population-assessment/rapid-review/

Locked out: liberating disabled people's lives and rights in Wales beyond COVID-19, 2021, Welsh Government

https://gov.wales/locked-out-liberating-disabled-peoples-lives-and-rights-wales-beyond-covid-19

Blair, British Journal of Family Medicine 2015 – Common problems of people with learning disabilities

https://www.bjfm.co.uk/blog/common-health-problems-of-people-with-learning-disabilities

North Wales Learning Disability Strategy 2018, North Wales Social Care and Wellbeing Services Improvement Collaborative

https://www.northwalescollaborative.wales/north-wales-population-assessment/north-wales-population-assessment-2017/

Covid-19 impact on people with learning disabilities (Information collected by the North Wales Disability Transformation Team)

https://www.northwalescollaborative.wales/engagement/covid-19-impact-on-people-with-learning-disabilities/

Is Wales Fairer? The State of Equality and Human Rights, 2018, Equality and Human Rights Commission

https://www.equalityhumanrights.com/en/publication-download/wales-fairer-2018

Health Inequalities & People with Learning Disabilities in the UK: 2012 Eric Emerson, Susannah Baines, Lindsay Allerton and Vicki Welch

Into Sharp Relief: Inequality and the pandemic, Welsh Parliament Equality, Local Government and Communities Committee, August 2020

Social Model of Disability, Foundation for People with Learning Disabilities

https://www.learningdisabilities.org.uk/learning-disabilities/a-to-z/s/social-model-disability

'I Know it was Every Week, but I Can't be Sure if it was Every Day: Domestic Violence and Women with Learning Disabilities: Wiley Journal of Applied Research in Intellectual Disabilities

8. Autism

Brugha T.S., et al.., Epidemiology of autism spectrum disorders in adults in the community in England. Arch Gen Psychiatry, 2011. 68(5): p. 459–65. doi: 10.1001/archgenpsychiatry.2011.38 - DOI – PubMed

IAS Supporting Guidance, Welsh Government, 2017.

NICE, 2015

https://www.nice.org.uk/guidance/ng11/chapter/introduction

Left Stranded – Report into the impact of coronavirus, National Autistic Society, 2020

https://www.autism.org.uk/what-we-do/news/coronavirus-report

The Impact of the COVID pandemic on adults with learning disabilities and / or autism, their family carers and service provision, Directors of Adult Social Services, 2021

https://www.adass.org.uk/covid-learning-disabilities-autism-carers-impact

Women's Health Care for People with Autism and Learning Disabilities

https://livingautism.com/womens-health-care-people-autism-learning-disabilities/

National Autistic Society, ONS Outcomes for Disabled People in the UK, 2020

https://www.autism.org.uk/what-we-do/news/new-data-on-the-autism-employmentgap

Locked out: liberating disabled people's lives and rights in Wales beyond COVID-19, 2021, Welsh Government

https://gov.wales/locked-out-liberating-disabled-peoples-lives-and-rights-wales-beyond-covid-19

Autism Employment Gap, National Autistic Society, 2021

https://www.autism.org.uk/what-we-do/news/new-data-on-the-autism-employment-gap

9. Mental health (adults)

The Mental Health (Wales) Measure 2010

https://www.legislation.gov.uk/mwa/2010/7/contents

Optimal Mental Wellbeing, Tudor, K. 1996: Mental Health Promotion Paradigms and Practice Routledge, London

Mental Wellbeing Impact Assessment: National MWIA Collaborative (England) May 2011

Five Ways to Wellbeing - Betsi Cadwaladr University Health Board (nhs.wales)

ICAN BCUHB Service, https://bcuhb.nhs.wales/news/health-board-news/life-changing-i-can-mental-health-support-service-to-be-extended/

Mental Health Delivery Plan 2019 – 2022, Welsh Government

https://gov.wales/mental-health-delivery-plan-2019-to-2022

A Mental Health Emergency: How has the coronavirus pandemic impacted our mental health?, Mind, June 2020

A Mentally Well Wales, 2021, Senedd Research

https://research.senedd.wales/research-articles/a-mentally-well-wales/

Adult Psychiatric Morbidity Survey 2014

https://digital.nhs.uk/data-and-information/publications/statistical/adult-psychiatric-morbidity-survey/adult-psychiatric-morbidity-survey-of-mental-health-and-wellbeing-england-2014

Royal College of Psychiatrists (2010) 'No health without public mental health, the case for action'. London: Royal College of Psychiatrists.

Locked out: liberating disabled people's lives and rights in Wales beyond COVID-19, 2021, Welsh Government

https://gov.wales/locked-out-liberating-disabled-peoples-lives-and-rights-wales-beyond-covid-19

Race and Mental Health – Tipping the Scale, Mind, 2019

https://www.mind.org.uk/about-us/our-policy-work/mental-health-act-review/independent-review-of-the-mental-health-act-faqs/mental-health-act-blog-series/race-and-mental-health-tipping-the-scale/

Physical impairments and mental health, The Kings Fund, 2020

https://www.kingsfund.org.uk/projects/time-think-differently/trends-disease-and-disability-mental-physical-health

Walby, S. (2004). The Cost of Domestic Violence. Research Summary: Women & Equality Unit

Howard, L.M., Trevillion, K., Khalifeh, H., Woodall, A., Agnew Davies, R., & Feder, G. (2009): Domestic violence and severe psychiatric disorders: Prevalence and interventions. Psychological Medicine, 40(6), 881–893.

Mind and the Welsh Language, Mind

https://www.mind.org.uk/about-us/mind-cymru/our-welsh-offer/

A review of evidence on socio-economic disadvantage and inequalities of outcome, Welsh Government, 2021

https://gov.wales/review-evidence-socio-economic-disadvantage-and-inequalities-outcome-summary-html

Office for National Statistics – Suicide, 2020

https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/bulletins/suicidesintheunitedkingdom/2020registrations

Jones, C., Andrew, R. and Atenstaedt, R. (2016) 'Population Health Profile of North Wales, to support needs assessment for Social Services and Wellbeing Act and wellbeing assessment for Future Generations Act'. Public Health Wales.

Public Health Wales (2016a) 'Making a difference: Investing in sustainable health and well-being for the people of Wales'.

Public Health Wales (2016b) 'Measuring inequalities 2016'. Available at: www.publichealthwalesobservatory.org/inequalities2016 (Accessed: 08 Aug 2016).

Centre for Mental Health and Safety (2016) National Confidential Inquiry into Suicide and Homicide. Available at:

http://research.bmh.manchester.ac.uk/cmhs/research/centreforsuicideprevention/nci/

Department of Education (2016) 'Mental health and behaviour in schools:

Departmental advice for school staff'. Available at:

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/50884 7/Mental Health and Behaviour - advice for Schools 160316.pdf.

10. Unpaid carers

Care Council for Wales (2016) 'Supporting carers and delivering new duties in the Social Services and Well-being (Wales) Act 2014' Carers Wales and Carers Trust Wales. Available at: http://www.ccwales.org.uk/learning-resources-1/carers-and-theact/.

Betsi Cadwaladr University Health Board (2015) 'Annual report 2014/15: Implementation of the Carers Strategies (Wales) Measure at BCUHB'.

North Wales Carers Strategy 2018, North Wales Social Care and Wellbeing Services Improvement Collaborative

https://www.northwalescollaborative.wales/carers/

National Strategy for Unpaid Carers 2021, Welsh Government

https://gov.wales/strategy-unpaid-carers-html

Census 2011, Office for National Statistics

https://www.nomisweb.co.uk/census/2011/data_finder

Carers Wales Data

https://www.carersuk.org/wales/about-us

Carers Wales – Physical and Mental Strain of caring

https://www.carersuk.org/wales/news-campaigns/news/the-physical-and-mental-strain-of-caring-jeopardising-unpaid-carers-ability-to-care-in-the-future-in-wales

A New Vision for Respite and Short Breaks in Wales, Carers Trust

https://carers.org/policy-and-influence/a-new-vision-for-respite-and-short-breaks-in-wales-

Carers Trust Survey Results, Impact of Coronavirus on young carers and young adult carers, July 2020

https://carers.org/what-we-do/our-survey-on-the-impact-of-coronavirus-on-young-carers-and-young-adult-carers-

Becker, S., Dearden, C. and Aldridge, J. (2000) 'Young carers in the UK: research, policy and practice', *Research, Policy and Planning*, 8(2), pp. 13-22.

Coronavirus and the Social Impact on Unpaid Carers in Great Britain, April 2021, ONS

https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/socialcare/socialcare/articles/coronavirusandthesocialimpactsonunpaidcarersingreatbritain/april2021

Social Services and Wellbeing (Wales) Act 2014

https://www.legislation.gov.uk/anaw/2014/4/contents

Care, Poverty and Coronavirus Across Britain, 2020, Oxfam

https://policy-practice.oxfam.org/resources/care-poverty-and-coronavirus-across-britain-620980/

State of Caring Report, 2019, Carers UK

https://www.carersuk.org/news-and-campaigns/news-rss/6161-state-of-caring-report-2019

Ministry of Defence Website, 2019

https://www.gov.uk/government/organisations/ministry-of-defence

Health and Wellbeing Needs of Armed Forces Veterans, Hywel Dda Public Health Team & PHW 2020

https://abuhb.nhs.wales/files/news/veterans-needs-eng-pdf/

Caring for Carers, 2018, Social Market Foundation

https://www.smf.co.uk/publications/caring-for-carers/