

Focus on Young Carers

North Wales
Regional Innovation Coordination Hub

www.northwalescollaborative.wales

October 2022

Agenda

1. The plan
2. Challenges
3. What we found out
4. Community of enquiry
5. Action plan

The plan

Today



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Setting the scene: statistics, needs assessment, research and policy landscape

What are children and young people telling us?

What do services look like now? What's working well and what needs to be improved?

Reflect and discuss
Community of enquiry

Share what we've learned and what we plan to do

Children and young people and organisations who support them



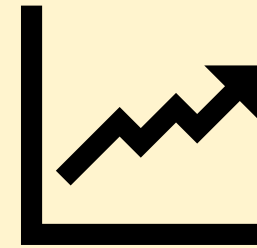
Challenges

- Getting responses to data requests
- Finding suitable dates to attend young carers' meetings
- Moving from consulting with children and young people to co-production
- What may help? Longer lead times, support from stakeholder group and RPB children's sub-group members

What we found out

Young carers need:

- more carer breaks (respite)
- more awareness and better identification
- more mental health and well-being services



5,100

young carers
aged 0 to 24
(2020 estimate)



40%

are being
supported

“A few years ago when I was in year 9, I happened to be late to school. I missed my bus because I was looking after my mum. I got detention and negative behaviour points. I once went to get shopping during lockdown and got screamed at by an old lady, that it was teenagers like me going out to meet with our mates that are killing everyone with Covid. I had to get shopping because my mum was really ill and everyone else was high risk. She didn't even ask.”

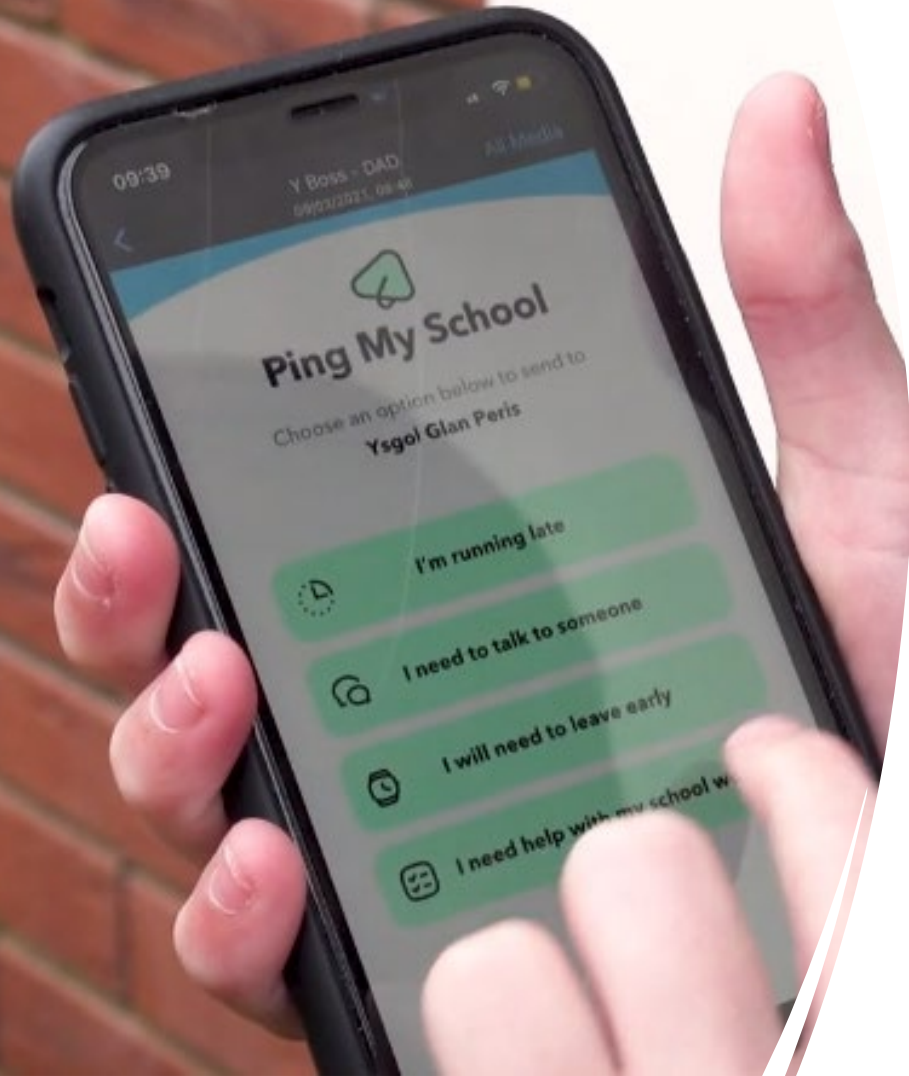
Young carer from North Wales

Across North Wales

Plus North Wales Young Carers work with schools



	Anglesey	Gwynedd	Conwy	Denbighshire	Flintshire	Wrexham
Action for children	✓	✓				
Carers outreach (young adults)	✓	✓				
WCD young carers			✓	✓		✓
NEWCIS / Carers outreach					✓	
Carers ID card	+ app	+ app	✓	✓	✓	✓
Carers Trust North Wales 1:1 respite	✓	✓	✓	✓	✓	✓



Young carers app

Watch the video here:

<https://www.aidi.cymru/en/>

Lessons from elsewhere



Listen to
young carers
and provide
the support
they need,
including fun

Work together
to raise
awareness of
issues they
face

Provide a
range of
support
including
online

Transition
support to
adult services
and
employers



Young carers
video

Watch here:

www.youtube.com/watch?v=hp7K09uNGBs