Children and Young People's Transformation Programme Emotional Health Wellbeing and Resilience (EHWR) StayWise

Friends Resilience

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Implementation Project Lead: Joanne Moore, Inclusion Strategic Project Lead, WCBC

Task and Finish Group Lead: Richard Hatwood, Headteacher, All Saints' Primary School

Project Manager: Vacant

















EHWR - Project Scope

The aim of the project is to **co-produce** a meaningful integrated **framework** with **guiding principles** for supporting the healthy **development** of **emotional health, wellbeing and resilience** of children and young people **aged 0 – 18 years**.

The framework will be:

- relevant and applicable across all organisations 6 Local Authorities (Children's Services and Education) and Health (CAMHS)
- encompass the 5 ways to wellbeing
- bilingual

















Long-term Outcomes of the work:

- Agencies commit to working towards having a mutual understanding, a shared vision and a common language; this will entail a culture change and adopting new ways of working.
- Agencies develop **joint approaches** and mobilise new initiatives together **avoiding duplication** and confusion.
- There is **one coherent approach across agencies** to help support children, young people and families improve their emotional health, wellbeing and resilience
- Encourage the population to help themselves first by increasing access to information and knowledge about useful approaches and strategies
- Use attachment, behavioural and cognitive theories and practice to inform the design of
 activities and interventions that will help children and young people develop positive emotional
 health and wellbeing
- Develop clear guidance on when it is appropriate to seek help and where from



















Development of the Framework

- June 2021 July 2022
- 5 Task and Finish Groups
- Membership across all 6 Local Authorities and BCUHB
- Education, Childrens Services & Health
- Age ranges 0 -3; 4-7; 8-11; 12-15 and 16-18
- Peer Challenge Reviews
- Trials with schools
- Focus Group with Professionals
- Final sign off
- Welsh Translation
- SBRI Challenge
- Business case for funding from April 2022 onwards

















SBRI Challenge

Small Business Research Initiative Challenge – hosted by BCUHB

2 phase Research and Development Project with rapid timescales

Brief: Between November 2021 – March 2022

- to develop a bilingual digital platform that is fun and engaging
- For 8 11 year olds
- encompasses the framework
- Conduct a feasibility study and report with recommendations on how to roll out the full age range across the digital platform



















Next Steps

- New programme structure developed to replace the previous Childrens Transformation Board and Childrens Integration Fund arrangements.
- New Integrated Childrens Transformation Board created
- 2 year escalation phase of the Childrens Transformation Programme and 3yr embedding programme
- Funding for the next 5 years for project initiatives
- Project Escalation phase for EHWR Project to start from April 2022—April 2024

















