

Minutes of the North Wales Regional Partnership Board Meeting

10th March 2023

9:00 am - 11:00 pm

Via Zoom

Present:	Mary Wimbury (Chair), Alwyn Jones, Aled Davies (in attendance for Dylan Owen), Siobhan Edwards (in attendance for Alwyn Williams), Ann Woods, Catrin Roberts, Cllr Dilwyn Morgan, Cllr Elen Heaton, Cllr Christine Jones, Cllr Alun Roberts, Cllr John Pritchard, Cllr Liz Roberts, Estelle Hitchon, Ffion Johnstone, Fôn Roberts, Jenny Williams, Karen Higgins (in attendance for Gill Harris), Liz Grieve, Meinir Williams-Jones, Michelle Greene, Neil Ayling, Nicola Stubbins, Rhun ap Gareth, Roger Seddon, Shan Lloyd Williams, Sian Tomos, Steve Greyston (in attendance for Libby Ryan-Davies), Teresa Owen
Apologies:	Dr Lowri Brown, Libby Ryan-Davies, Gill Harris, Dave Hughes, Dylan Owen
In Attendance:	Vicky Jones, Head of Strategy and Integrated Development, Mental Health & Learning Disabilities Division BCUHB Lisa Goodier, Integrated Strategy and Portfolio Development, Mental Health & Learning Disabilities BCUHB

Item		Actions
1.	Welcome, Introductions & Apologies The chair welcomed everyone to the meeting and apologies were noted as above.	
	Unfortunately, due to the weather conditions, the board has been unable to meet face to face today. Arrangements will be made to meet in person in the future.	
	NS on behalf of the NWRPB, took the opportunity to thank Mary Wimbury for chairing the NWRPB through unprecedented times over the last two years. Mary has represented the NWRPB at various WG meetings and other partnership forums in a strong, considerate, and passionate manner.	
2.	T4MH Draft Strategy VJ and LG attended to provide an update on the Together 4 Mental Health Strategy.	
	LG recapped on the journey to date, with four workshops having taken place over recent months. More than 300 individuals were invited to contribute to the workshops which included a voice	

from lived experience. The most recent workshop 28.2.2023 involved feeding back to colleagues who attended previous workshops in order to gather feedback and reflection to ensure the work corresponds and translates into delivering services to residents/partners.



The outcome of the workshops delivered on the:

Vision – 'We want the people of North Wales to have the best possible mental health and wellbeing as defined by them. This means people get the support they need when and where they need it'.

Values

- Compassion & Kindness
- Collaboration and sharing
- Challenge and transparency
- Agility and innovation
- Doing our very best

And a range of underlying Principles.

All the above received a large consensus of agreement by colleagues at the last workshop and will be included into the draft strategy.

LG explained the strategy will be an interim strategy, undertaken in anticipation of a new national iteration of the WG Mental Health Strategy, due to be launched Easter 2024.

The workshops also created 4 strategic priorities, focused on areas of importance to the people of North Wales which will form the golden thread within the work delivered over the next 12 months, and beyond:

- 1. Right support at the first time of asking
- 2. Prioritising the availability of early intervention and prevention services
- 3. Optimising the mental health and wellbeing of our workforce
- 4. Give every child the best start in life.

The draft T4MH Strategy, once completed will be presented for agreement to the T4MH Board meeting 21.4.2023, circulated to the NWRPB members and presented for endorsement at the May NWRPB prior to launching the T4MH Strategy and the delivery plan.

The management and delivery of the T4MH Strategy is significantly important, with agreement to establish a regional group that will oversee and consider the operational aspects of

T4MH implementation by the Local Integration Teams (LIT's) prior to being presented at the T4MH Board.

The T4MH Strategy will be delivered by means of a clear delivery plan, which the T4MH will be held accountable. A 100-day cycle of delivery has been discussed in some of the work to gather momentum. The feedback from the workshops will be collated and discussed further at the T4MH Board to guarantee the delivery of the strategy.

RS noted being interested in the anticipated role of the scrutiny committee to monitor the work of the LIT's and the delivery plan. RS enquired, if critical success factors (CSF) were considered during the drafting of the strategy i.e., are there elements of the strategy which are necessary to happen in order to ensure the success of the delivery of the strategy.

VJ agreed the CSF may be possible, however, working in partnership and collaboratively would need to be at the centre of the work to influence and to be effective and to evaluate the work in future, and further discussion would be required on this matter.

EH noted the importance of not losing sight of the patient in this complex work, and the importance of working on a partnership and integrated footing.

TO informed of attending a meeting with WG in relation to the National MH Strategy in which the 6-step plan proposed to include engagement and consultation. TO was heartened to note the ongoing bridging work in North Wales on the T4MH Strategy includes synergy with the future national strategy, and acknowledged the huge piece of work completed by LG and VJ.

LizG noted being particularly interested in the strategic priority 2-Prioritising the availability of early intervention and prevention services' and noted the benefits of informing the T4MH Strategy within early intervention taking place outside services i.e. in housing services, LA's youth services, library services etc.. VJ noted there will be a recognition throughout the T4MH Strategy of the importance of the community/resident/ and support to service provision.

The chair thanked VJ and LG for the update on the T4MH Strategy. The final T4MH Strategy will be presented to the May NWRPB meeting.

3. NWRPB Vice-chair

CR provided an update on the vice-chairs' nomination process.

CR explained that the NWRPB recently agreed to a change within the ToR to reflect two vice-chairs as opposed to one. A recent message circulated to request nominations for vice-chair from both the health board sector and non-statutory sector,

returned a number of nominations for both, resulting in a need to go out to ballot. CR is proposing, considering development in BCU, and with the NWRPB agreement, the appointment of the health board vicechair is postponed for a period of 6 months, and to proceed with the non-statutory vice-chair ballot. The NWRPB were in agreement to this proposal of progressing BCU vice-chair with the ballot of vice-chair from the non-statutory sector, and to Sept agenda and re-visit the ballot of vice-chair in six months' time. FWP - RW 4. NWRPB - Draft Forward Work Planner 2023-24 The NWRPB FWP 2023-2024, a standing item on the NWRPB, will continue to evolve as progress is made throughout the year. Report of any additional updates NWRPB members are encouraged to contribute to the FWP, especially in relation to past reports/ new proposals to be to CR/RW included on the 2023-24 plan. The following updates were proposed for the NWRPB FWP 2023-24: • WG requirement - Further, Faster, Stronger (FFS) - Initial Initial discussion -**April 2023** discussion to ensure all RPB members are aware of the requirement, regular updates until the Autumn and 6-monthly update on developments thereafter. • LD Programme - updates in June and December 2023 • North Wales Contest Board - to provide a one-off update to Regional Housing Support Collaborative Group RHSCG – annual report - Rachel Pierce Jones RW to include all Workforce Board – annual update to the Board on the FWP. • Commissioning Board – annual update to the Board Safeguarding Board – annual update to the Board National work on Eliminating Profit from the Care of Children - RPB to be cited on the work taking place and the risks involved • North Wales respective - overview of PSB's Well-being Plan priorities Fforwm May Na Geiriau – annual update to the board • Carers/Unpaid Carers – annual update to the board FR noted the RPB Children's sub-group has not been established to remove all Children's agenda from the NWRPB and proposed that the Board should be aware of trauma within Children & Young People and proposed this item is presented directly to the RPB rather than to the RPB Children's sub-group. SG informed of WG £900K Allied Health Professional (AHP) funding to North Wales and the proposals will be presented to the Leadership Group and NWRPB prior to submission to WG April RPB - RW by 3.5.2023. The proposals will inform WG of the work being undertaken, and will service an element of FFS, moving

	resources out of acute services into the community. CR thanked RPB members for their input and consideration into forthcoming agendas, and the importance that the board collectively considers all agenda items.	
5.	BCUHB update Karen Higgins, Director of Primary Care BCUHB, attended on behalf of Gill Harris, to provide an update on BCUHB.	
	The WG Health Minister, Eluned Morgan has recently placed BCU into special measures and alongside this BCU Independent Board member have stepped down.	
	A new BCUHB board chair has been appointed, and new Independent Board members are being appointed to safeguard BCU processes, essential to ongoing business. Further information on the framework of the implications and other detail will be shared when available.	
	KH commended all participants on a recent outstanding piece of work involving circa 2,500 children & young people, on engagement across North Wales, towards the launch of the Children's Charter on 26.4.2023. KH proposed that following the launch of the Children & Young People Charter in April, the contributors should be invited to a future RPB meeting to present this work.	Future Agenda - RW
6.	Minutes and actions of last meeting – February 2023 The meeting of 10.2.2023 were agreed as an accurate record.	
	Two actions:	
	Include TO on the apologies list.	RW
	Correction to agenda 6 – BCU update to read: The Welsh Health Specialised Services have now removed the	
	North Welsh Adolescent Services, from targeted intervention, which is excellent recognition of the progress that has been made. Nearly all patients are being cared for in North Wales, and not being sent elsewhere, which alleviates a huge amount of pressure for patients and their families.	RW
7.	NWRPB Regional Area Plan CR presented the NWRPB Area Plan, a requirement under SSWBA Part 9 guidance for the RPB, set in two parts: The strategic plan The delivery plan	
	RPB Area plan March 2023.pptx	
	The purpose of the Area Plan is to set out how partners aim to address the needs identified in the Population Needs	

Assessment (PNA) and the Market Stability Report (MSR), and will be a high-level document compared to the significant work provided on the PNA and MSR, both completed in the last 12 months.

The Area Plan is a 5-year plan, with the previous Area Plan extended from 2017 – 2023, the new Area Plan is due to be published in April 2023.

CR provided:

- A summary of the guidance issued by WG, focusing on the actions against each of the Population Groups, which were also used to inform the RIF Programme
- A summary document of the key messages which emerged from the PNA and MSR
- The cross-cutting themes which have emerged to inform the Area Plan

The Regional Area Plan structure is split into:

Part A: Plans for what the Regional Partnership Board will work on together, the population groups included in the RIF work, direction from WG and consultation with partners.

Parts B: Focusses on the response to the PNA – around signposting people to locate information, whilst avoiding any duplication, with further links included to other plans based on feedback on the draft.

Part C: Overall findings and how these will be addressed Part D provides information relating to links to find out more about care and support available from all partners in North Wales.

The Regional Area Plan is currently out for public consultation, a copy of the link to the questionnaire has been forwarded to RPB members 3.3.2023 and the consultation period closes 24.3.2023.

Subsequently the draft will be updated to include the final amendments and circulated via e-mail to NWRPB members for final approval prior to publishing as close as possible to 1.4.2023 to meet the statutory deadline. CR noted some partners have expressed an extension to this date to enable them to fully engage within their own organisations, and this is currently being explored.

The second part of the plan will be the need to have an annual Delivery Plan, which will demonstrate how the RPB is addressing the issues raised in the strategic document.

CR noted, similarly to the PNA and MSR, the Regional Area Plan will be seen as a live document, which can be updated and refreshed on a continued basis for the next 5 years.

Delivery Plan agenda – June/Sept/Dec/Mar RS acknowledged this significant work of collating all information and signposting and would advocate a case to include critical success factors (CSF) - what factors could obstruct the implementation of the Area Plan to be useful and assist collaboration amongst partners.

CR noted CSF will differ depending on the work-stream and the programme of work and different funding streams. Recruitment and retention will be a CSF which goes against each workstream and programme, under each population group and MSR. Another elements would be how the strategic plan will be delivered and the scrutiny element from the NWRPB, this would need to be included as quarterly reports to the RPB on the FWP. MW also flagged the workforce issue in particular for the provider sector, which featured strongly within the MSR. As workforce is such a significant factor in terms of the delivery of services and linked to costs of services, currently over half of LA who have already set fees in Wales, the bottom two in North Wales will have the effect on the ability to pay, retain and recruit staff and this applies to the domiciliary sectors and care homes in terms of registered services. Workforce does not seem to be included with the same urgency in the Regional Area Plan.

CR noted the Area Plan Delivery Plan includes a key action in relation to Workforce, to scope work from the RIF programme on the workforce actions for the next 12 months – to be agreed at the NWWB and NWRPB. The section on commissioning has not yet been completed and will be finalised shortly.

NWRPB Strategic Discussion on shaping partnership working and priorities

CR took RPB members through the first draft of the Delivery Plan for the Strategic Area Plan in detail. The draft Delivery Plan is work in progress and NWRPB members are encouraged to feedback to the regional team.



NW Regional Area Plan - annual action p

CR highlighted the action put forward against the identified work-streams, and links to key documents will be added as they are identified as part of this work.

Comments from the NWRPB focused on:

RS noted it would be helpful to have sight of minutes of PCPG meetings, to learn how the work impacts on commissioning. The relationship with PCPG will be key to the success of the Strategic Area Plan.

KH informed the PCPG work continues to be at the initial stages with the whole purpose of the PCPG to be working in

collaboration at a local level.

CR confirmed this work is one of the key priorities within the delivery plan and work in the next 12 months will focus on the reporting process of the PCPG and the NWRPB.

TO noted being aware of two issues for consideration into the delivery plan, social value work and loneliness and to consider this piece of work side by side with the priorities in place for the PSB's.

CR agreed the two elements will be built into the delivery plan.

MWJ noted this piece of work demonstrates how a relatively small team are able to meet the challenge and make sense of a huge amount of information and the importance of supporting the team. As this will be a long-term piece of work it was suggested that the work is referred to a role rather than a person to ensure feedback is provided over the longer term. CR agreed this proposal will be explored further

ST noted sometime the needs of young people are different to those of children's, and proposed a separate section on young people to ensure their needs are fully addressed.

SLW added more work was agreed on the homelessness in terms of health and well-being as part of the PNA, and asked if this will be reflected in the Action Plan and CR agreed to pick this element up with the regional team.

The Area Plan Delivery Plan will be a live document, and colleagues are welcome to add elements as they arise during the year.

8. Any Other Business

Re: BCU update - Cllr AR added the importance of LA's being updated on a regular basis in relation to BCU being in special measure and proposed a standing item on the RPB agenda in future. Cllr AR also proposed WG Minister for Health & Social Care is invited to discuss these implications from a LA/RPB point of view.

KH agreed on the importance of regular updates and proposed a standing item on the agenda to understand the implications for the NWRPB.

CR reminded the board of the 10-year Strategi Capital Plan (SCP) event arranged 22.3.2023 (Bangor Rugby Club). NWRPB members have been invited to the event which aims to provide an introduction and overview of the requirements of the SCP and the approach to develop and NWRPB expectations to agree the final plan prior to being presented to WG. NWRPB members are also encouraged to circulate the invitation widely to colleagues who may be interested in attending.

10. The following documents were included for information:

• January 2023 - Leadership Group Minutes

December 2022 NWRPB Children's sub-group minutes	
Date of next meeting: Friday 14th April 2023 – Virtual Meeting	